

## **HEALTH RESOURCES:**

[Here is a short video](#) by Health Department Epidemiologist Barbara Downes on social distancing and CDC [“how to protect yourself”](#) page.

Here is a [five minute video by Dr. Schwartz](#) giving in-depth testing information, and here is a link to the [testing page](#).

We are working with our health care providers to support and facilitate more opportunities for testing within health care settings. As we do not provide primary care services, the Health Department is not conducting testing. Please visit our county website for information on [low-cost health care resources](#) in the community.

Contact one of these resources via phone to discuss your concerns, and the health care provider will determine if you need to be tested for COVID-19 and arrange for that test if needed. <https://www.fairfaxcounty.gov/strategymanagementhhs/health-integration-safety-net>

1. We have the latest on TESTING. In summary:

- Call your doctor! Physicians will assess and provide referrals for testing as necessary
- Here is a [five minute video by Dr. Schwartz](#) giving in-depth testing information, and here is a link to the [testing page](#) that will be updated regularly.
- We are working with our health care providers to support and facilitate more opportunities for testing within health care settings. As we do not provide primary care services, the Health Department is not conducting testing.
- Please visit our county website for information on [low-cost health care resources](#) in the community. Contact one of these resources via phone to discuss your concerns, and the health care provider will determine if you need to be tested for COVID-19 and arrange for that test if needed. <https://www.fairfaxcounty.gov/strategymanagementhhs/health-integration-safety-net>