## **Our Caring Community**



Don Beyer don@friendsofdonbeyer.com via bounce.myngp.com

Mar 30, 2020, 9:47 AM

Dear friends,

As we continue to face mounting threats and hardship from the Coronavirus pandemic, please be aware of the following resources located in and around the 8th Congressional district. Whether you and your family are personally in need of food or other support, or in a position to donate to help these organizations meet the needs of more individuals, please take action to protect the health and safety of our community via the following resources:

Arlington:

- Arlington Food Assistance Center feeds neighbors in need
- Arlington County Public Schools provides free grab-and-go meals

<u>Alexandria</u>:

- ALIVE! provides food, clothing, and financial and other assistance; (703) 662-1067

- <u>Hunger Free Alexandria</u> produces a daily list of food programs and services

- Alexandria City Public School provides grab-and-go meals

Falls Church:

- <u>Homestretch</u> provides financial and meal support for the community's most vulnerable populations

- The city government provides a host of support services
- <u>City social workers</u> are helping families struggling with food insecurity, housing, or other economic hardships

- <u>City Housing and Human Services</u> provides guidance and assistance in accessing the city services

Fairfax:

- Fairfax County Neighborhood and Community Services helps residents in need

- Fairfax County Human Services Resource Guide lists nonprofit and government services

- <u>United Community</u> is providing emergency services, including food
- Fairfax County Public Schools offers grab-and-go meals

Springfield:

- **ECHO** is an all-volunteer run charity that gives food and financial help to people with short-term emergencies and provides clothes and household items to people with low incomes

Lorton:

- Lorton Community Action Center provides food assistance and is taking donations; (703) 339-5161

McLean:

- <u>Share of McLean</u> provides food, clothing, and financial and other assistance

Greater VA, MD, and DC area:

- Northern Virginia Family Service
- Capital Area Food Bank
- Meals on Wheels
- United Way of the National Capital Area

Take care and stay healthy. We will get through this together.

Sincerely,

Don